

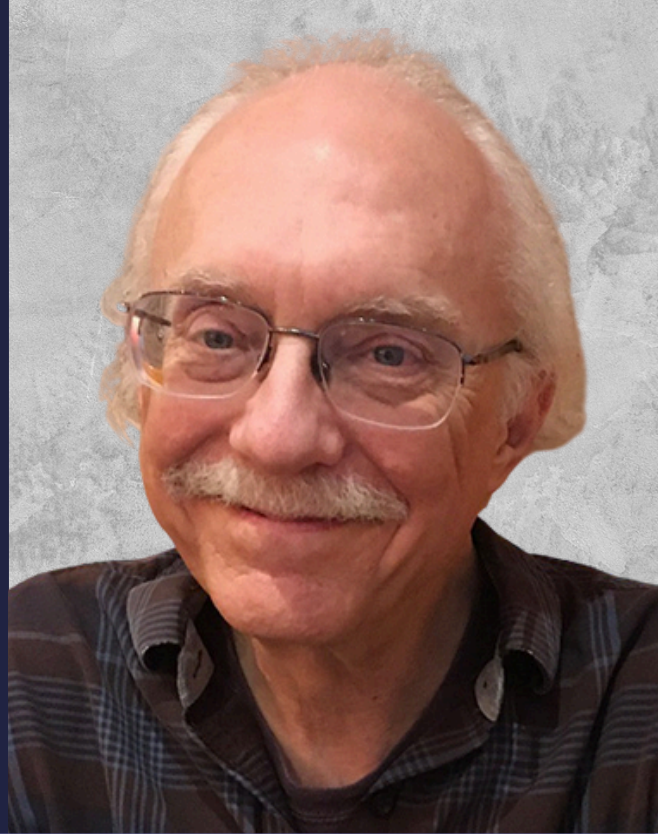
Micromarkers in Emotion-Focused Therapy with Dr Robert Elliott

Deepening Attunement and Resonance

October 11, 2025

9am - 1pm (AEDT) | Online via Zoom

\$218.50 (\$198.50 members)



What are clients saying when they're not speaking?

In Emotion-Focused Therapy (EFT), some of the most powerful moments happen in the spaces between words. This masterclass is designed for therapists who want to sharpen their sensitivity to the subtle cues, those micromarkers that signal emotional depth, hesitation, and pathways to transformation.

Whether you're working with clients who get stuck, struggle to verbalise their experience, or shift subtly in tone or posture, this training will help you:

- Recognise and respond to emotionally significant moments
- Deepen attunement through voice, rhythm, and presence
- Build confidence with non-verbal and pre-verbal emotional cues
- Track micromarkers across verbal and non-verbal channels

This training is ideal for therapists who want to take their EFT practice to the next level, especially those drawn to the nuance of emotional presence and the art of being with clients in their most tender, transformative moments.

Dr Robert Elliott

Robert Elliott, co-developer of Emotion Focused Therapy, taught clinical psychology for nearly 30 years at the University of Toledo and recently retired as Professor of Counselling at the University of Strathclyde, Scotland. An award-winning trainer, researcher, and author, Robert's work focuses on the process of change in humanistic-experiential psychotherapies.

