

Workshop series

EFT in action: moving from training to practice

Workshop 1

How do we begin? Creating an internal focus

The AIEFT is excited to be hosting the workshop series 'Emotion focused therapy in action', run by Barry Strmelj. These workshops are suitable for practitioners with a background in EFT training (at least EFT Level 1) and who utilise, or are looking to incorporate EFT into their work with clients.

Each workshop in this series will offer a deep dive into an area of EFT practice to offer a deeper understanding of the practice area under consideration, to inspire confidence when working with clients in this way, and to provide a practice map for practitioners' ongoing self-reflections and development.

Date: 24th February 2024

Time: 9:30am - 5:00pm

Venue: Hurstwood Clinic, 16A Toorak Rd, South Yarra

Cost: \$220

Register: www.aieft.org.au

Barry Strmelj

Barry Strmelj is a certified EFT Therapist and Supervisor and registered counselling psychologist working in private practice with individuals and couples. For many years, Barry has been a member of the AIEFT and participated in providing EFT training and supervision.

